

Jingui Golden Shield Qi Gong, Inc.

Student Enrollment & Waiver of Liability

General Information

Name: _____ Phone (H): _____
Address: _____ (W): _____

Cell phone: _____
Age: _____ E-mail: _____

If you are in any doubt that your condition of health will not allow you to participate in class activities, you must get a signed release from a medical doctor before beginning class activities.

Personal and Medical Release

I understand that Golden Shield Qi Gong training is not “therapeutic” and Jingui Golden Shield Qi Gong will not make any medical claims or representations of cures to students. I hereby acknowledge and understand that inherent in the practice of Qi Gong, and in the activities of the class for which I am enrolling; including the use of herbs and supplements, the risk of adverse reaction and injury does exist. I accept these risks freely and assume these risks as my responsibility. I understand that it is my sole duty to keep myself informed of these risks. I realize that I am under no obligation or duress to continue with any type of activity or behavior that I deem in my sole discretion might cause me harm. I therefore release and hold harmless, Jingui Golden Shield Qi Gong, Inc., Don X. Zhang, instructors, associate instructors, shareholders, officers, directors, principals, consultants, employees and volunteers of any and all liability for any injury(s), mental or physical adverse reactions or any other losses or damages occurring as a result of my practice of Qi Gong, and in the activities of the class for which I am enrolling. I have the right to receive a copy of this release form.

(Please sign with your full legal name)

(Date)